

CURRICULUM VITAE



PERSONAL DATA

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QUALIFICATIONS:

M.B.B.Ch.	Faculty of Medicine, Mansoura University, Egypt November, 2005.
Master degree in urology	Faculty of Medicine, Mansoura University, Egypt September, 2012.
MD degree in urology	Faculty of Medicine, Mansoura University, Egypt July, 2016

EXPERIENCES:

- 1- An internship house officer in Mansoura University Hospital from 1-3-2006 to 28-2 2007.
- 2- Resident in urology, Urology and Nephrology Center, Mansoura University, from 5- 5-2007 to 29-2-2012.
- 3- Assistant lecturer in urology, Urology and Nephrology Center, Mansoura University, from 1-3-2012 till August 2016.
- 4- Clinical fellow in renal transplantation, Urology and Nephrology Center, Mansoura University, from 1-7-2012 till now.
- 5- Diploma in European project EMPODaT “*European-Mediterranean Postgraduate Program on Organ Donation and Transplantation*”, Barcelona University, April, 2016
- 6- Clinical fellow in advanced minimally invasive surgery (laparoscopic and robotic), Urology department, Tubingen University, Germany, from 15th Jun 2015 to 15th august 2015.
- 7- Clinical observer (SIU Scholar) in reconstructive and robotic oncology, urology institute, University College London Hospital, UK, from 4 August to 29 October, 2016.
- 8- Clinical observer in renal transplant unit, Royal free hospital, London, UK, from 31 October to 11th November, 2016.
- 9- Lecturer of urology, Urology and Nephrology Center, Mansoura University, from August 2016 till now.

PROFESSIONAL DEVELOPMENT:

- 1- **Second intermediate training course in Transplant Procurement Management (TPM)**, June 13-16th, 2014; Aswan, Egypt.
- 2- **Transforming do novo immunosuppression for better long term outcome meeting**, April 25th and 26th, 2014, Dubai, UAE
- 3- **Optimizing de novo immunosuppression with mTOR inhibitors**, September 27th-28th, 2013; Istanbul, Turkey
- 4- **Introduction to robotic surgery program**, October 10th-11th, 2016; UCLH & Chitra Sethia Center for MAS & Robotics, London, UK
- 5- **Andrology genital oncology urethral reconstruction course**, 29th -30th October, 2016; Boston Scientific Ltd, Breakspear Park, Hemel Hempstead, UK
- 6- **The 10th master class of genito-urethral reconstructive surgery**, October 31th- November 4th, 2016; at royal college of surgeon of England, London, UK.

SCIENTIFIC MEETINGS AND CONFERENCES:

- 1- The 44th Annual Congress of The Egyptian urological Association (EUA). November 26-30, 2009, Cairo, Egypt.
- 2- The 45th Annual Congress of The Egyptian urological Association (EUA). November 26-30, 2010, Sharm El Shikh, Egypt.
- 3- The 26th Annual EAU Congress. March 18-22, 2011, Vienna, Austria.
- 4- The AUA review course. September 1-5, 2012, Cairo, Egypt.
- 5- The 28th annual EAU congress. March 15-19, 2013, Milan, Italy.
- 6- The 48th Annual Congress of The Egyptian urological Association (EUA). December 2-6, 2013, Sharm El Shikh, Egypt.
- 7- The 30th Annual EAU Congress. March 20-24th, 2015, Madrid, Spain.

OTHER SCIENTIFIC ACTIVITIES:

I- International workshop:

1. The 7th International Training Course on invasive bladder cancer and urinary diversion techniques. November 10-16, 2007. Mansoura, Egypt.

2. The 2nd International training course on Uro-Laparoscopy. December 2-6, 2007 Mansoura, Egypt.
3. 1st Training Course on Stress Urinary Incontinence: Evaluation and Management. March 4-7, 2008, Mansoura, Egypt.
4. 3rd International Training Course on Uro-Laparoscopy. April 13-17, 2008, Mansoura, Egypt.
5. 1st International Training Course on "Recent Advances in urologic Oncology". October 11-15, 2008, Mansoura, Egypt.
6. 8th International Training Course On Invasive Bladder Cancer and Urinary Diversion Techniques. October 25- 31, 2008, Mansoura, Egypt.
7. 3rd International Training course on Uro- laparoscopy. November 17-19, 2008, Mansoura, Egypt.
8. 1st International Training course on Basic Urology. December 1-4, 2008, Mansoura, Egypt.
9. 4th International Training course on Uro- laparoscopy. January 18-22, 2009, Mansoura, Egypt.
10. The 9th International Training Course on Invasive Bladder Cancer and Urinary Diversion Techniques 28th March – 2nd April, 2009, Mansoura, Egypt.
11. The 1st International Training Course on (Renal and Ureteric Stones and Strictures: Role of Open Surgery). May 23-27, 2009, Mansoura, Egypt.
12. The 1st International Training Course on Endo urologic Laparoscopy. June 15-17, 2009, Mansoura, Egypt.
13. The 5th International Training Course on Uro-Laparoscopy. June 21-25, 2009, Mansoura, Egypt.
14. The 10th International Training Course on Invasive Bladder Cancer and Urinary Diversion Techniques. October 11-16, 2009, Mansoura, Egypt.
15. The 2nd International Training Course on Endo urology & Urologic Laparoscopy. October 19-21, 2009, Mansoura, Egypt.
16. The 2nd International Training Course on "Recent Advances in Urologic Oncology. November 7-11, 2009, Mansoura, Egypt.
17. 1st International Workshop on Flexible URS. December 5-6, 2009, Mansoura, Egypt.
18. The 6th International Training Course on Uro – Laparoscopy. December 26-30, 2009, Mansoura, Egypt.
19. Techniques in Reconstructive Urology. January 23-29, 2010, Mansoura, Egypt.

20. The 2nd Training Course on Stress Urinary Incontinence Evaluation and Management. March 9 – 12, 2010, Mansoura, Egypt.
21. The 7th International Training Course on Uro-Laparoscopy. May 2 - 6, 2010, Mansoura, Egypt.
22. The 11th International Training Course on Invasive Bladder Cancer and Urinary Diversion Techniques, September 19th – 23rd, 2010, Mansoura, Egypt.
23. The 12th International Training Course on Invasive Bladder Cancer and Urinary Diversion Techniques, September 18th – 23rd, 2011, Mansoura, Egypt.
24. The 1st Annual Meeting of Mansoura Urology Department, July 28th -30th, 2011, Port said, Egypt.
25. The 2nd Annual Meeting of Mansoura Urology Department, October 11th -13th, 2012, Alexandria, Egypt.
26. The 3rd Annual Meeting of Mansoura Urology Department, January 29th -30th, 2014, Alexandria, Egypt.
27. The 4th international training course in scientific writing and publications, 22-24 April, 2015, Mansoura, Egypt.
28. The 1st annual conference of clinical oncology department Zagazig University, Cairo 13th May, 2016.

THESES:

- M. Sc. Essay:* Quality of life after orthotopic bladder replacement in women. Urology department, May 2012
- MD Thesis:* Renoprotective effect of sildenafil administration in canine model of renal ischemia/reperfusion injury. Urology Department, July 2016

AREAS OF INTEREST

Renal transplantation

Urological oncology and reconstructive surgery.

ABSTRACTS PRESENTED AT CONFERENCES:

- 1- Pediatric testicular tumors: should testicular sparing surgery be considered? 45th annual congress of the Egyptian urological Association (EUA). November 26-30, 2010.
- 2- Narrow band imaging for detection of superficial bladder tumors; does it add much?. AUA annual meeting, May 14-19, 2011.
- 3- Urodynamic characterization of voiding and continence problems after orthotopic neobladder in women. **BEST POSTER AWARD WINNER** 26th annual congress of European Urological Association (EAU), March 19-24, 2011.
- 4- Does Indwelling Ureteral Stent Preserve Renal Function After Relief of Obstructive Uropathy? 28th annual congress of European Urological Association (EAU), March 15-19, 2013.
- 5- Impact of nocturnal incontinence and chronic urinary retention after radical cystectomy and neobladder reconstruction on health related quality of life in women. 28th annual congress of European Urological Association (EAU), March 15-19, 2013.
- 6- Health related quality of life after radical cystectomy in women: orthotopic neobladder versus ileal loop conduit and impact of incontinence. The 30th Annual EAU Congress. March 20-24th, 2015, Madrid, Spain.

BIBLIOGRAPHY:

Original articles and Reviews:

- 1- **Mohamed H Zahran**, Ahmed S EL-Hefnawy and Bedeir Ali-EL-Dein. Quality of life after orthotopic bladder replacement in women: a systematic review of literature. Egyptian Journal of Urology 2013; 19 (1),49-54.
- 2- **Zahran MH**, Osman Y, El-Diasty T. Calculary pulmonary embolism. Int Urol Nephrol 2014; 46:727–730, PubMed PMID: 24077988.
- 3- Harraz AM, El-Nahas AR, **Zahran MH**, Abol-Enein H. Would the Indwelling Internal Ureteral Stent Influence Renal Function Despite Relief of Benign

Ureteral Obstruction? J Endourol. 2014 Feb;28(2):243-7 [Epub ahead of print]
PubMed PMID: 24032464.

- 4- **Mohamed H Zahran**, Tamer E Helmy, Ashraf T Hafez and Mohamed Dawaba. Prepubertal Testicular Tumors: Should Testicular Sparing Surgery be Considered?. A Single Institution Experience and Review of Literature. Arab Journal of Urology 2014;12(2): 130-6.
- 5- **Mohamed H Zahran** and Bedeir Ali-EL-Dein. Renal transplant into abnormal lower urinary tract. Patient and graft survival. Egyptian Journal of Urology 2013;19 (2),63-68.
- 6- **Mohamed H Zahran**, Ahmed S EL-Hefnawy and Bedeir Ali-EL-Dein. Quality of life in women with orthotopic urinary diversion. A systematic review and critical analysis of literature. The Urologist. 2013; 2.
- 7- **Mohamed H Zahran**, Ahmed S EL-Hefnawy, Essam M Zidan, Mona A El-Bilsha, Diao-Eldin Taha and Bedeir Ali-El-Dein: Health-related quality of life after radical cystectomy and neobladder reconstruction in women: Impact of voiding and continence status. Int J Urol. 2014 ;21(9):887-92
- 8- Harraz AM, Shokeir AA, Soliman SA, Osman Y, El-Hefnawy AS, **Zahran MH**, Kamal AI, Kamal MM, Ali-El-Dein B. Salvage of grafts with vascular thrombosis during live donor renal allotransplantation: A critical analysis of successful outcome. Int J Urol. 2014; 21(10):999-1004. PubMed PMID: 24861882.
- 9- **Zahran MH**. Response to Editorial Comment to Health-related quality of life after radical cystectomy and neobladder reconstruction in women: impact of voiding and continence status. Int J Urol. 2014;21(9):892-3.
- 10- **Zahran MH** and Ali-El-Dein B: Functional and oncological outcomes after radical cystectomy and orthotopic neobladder in women. Urol List.2014;12(2): -51.
- 11- **Zahran MH**, Harraz AM, Taha DE, Elshal AM, El-Nahas AR, Shokeir A. Studying the morbidity and renal function outcome of missed internal ureteral stents: A matched pair analysis. J Endourol. 2015;29(9): 1070-75. PubMed PMID: 25793431.

- 12- **Zahran MH**, Hussein AM, Barakat N, Awadalla A, Khater S, Harraz A, Shokeir AA. Sildenafil activates antioxidant and antiapoptotic genes and inhibits proinflammatory cytokine genes in a rat model of renal ischemia/reperfusion injury. *Int Urol Nephrol*. 2015; 47:1907-15. PubMed PMID: 26377490.
- 13- Taha DE, Elshal AM, **Zahran MH**, Harraz AM, El-Nahas AR, Shokeir AA. After urgent drainage of an obstructed kidney by internal ureteric stenting; is ureteroscopic stone extraction always needed? *Arab J Urol*. 2015; 13(4):258-63.
- 14- Fahmy O, **Zahran MH**, Khairul Asri MG, Stenzl A, Schwentner C. Trans-Douglas approach for intra-fascial nerve sparing robotic assisted radical prostatectomy. *Robotics, Lap and Endosurg* 2015; 1: 1-4.
- 15- **Mohamed H Zahran**, Essam M Zidan. Arabic translation and cognitive testing of EORTC-QLQ-C30 and FACT-BI questionnaires for assessment of quality of life after radical cystectomy. *Egyptian Journal of Urology* 2015;21(2): 75-82
- 16- Fahmy O, Khairul-Asri MG, Schwentner C, Schubert T, Stenzl A, **Zahran MH**, Gakis G. Algorithm for Optimal Urethral Coverage in Hypospadias and Fistula Repair: A Systematic Review. *Eur Urol* 2016, 70(2);293:8.
- 17- Mohamed M. Elawdy, Ahmed M. Harraz, **Mohamed H. Zahran**, Abdelraheem M, Mahmoud El- Baz, Ahmed S. El Hefnawy. Inflammatory pseudotumor of the urinary bladder: A case series among more than 2,000 urinary bladder tumor cases. *Urology Annals* 2016; 8 (1): 96-98.
- 18- **Zahran MH**, Fahmy O, El-Hefnawy AS, Ali-El-Dein B. Female sexual dysfunction post radical cystectomy and urinary diversion. *Climacteric*. 2016 Sep 20:1-5.[Epub ahead of print] PubMed PMID: 27649461.
- 19- **Zahran MH**, Taha DE, Harraz AM, Zidan EM, El-Bilsha MA, Tharwat M, El Hefnawy AS, Ali-El-Dein B. Health related quality of life after radical cystectomy in women: orthotopic neobladder versus ileal loop conduit and impact of incontinence. *Minerva Urol Nefrol*. 2016 Sep 29. [Epub ahead of print] PubMed PMID: 27681660.

20- Omar Fahmy and **Mohamed H Zahran**. Update on the targeted therapy of the bladder cancer. Clinics in oncology. 2016 October.

21- **Mohamed H Zahran** and Bedeir Ali-El-Dein. Voiding and continence problems after radical cystectomy and orthotopic neobladder in women. A mini- review. Clinics in oncology. 2016 October

Supplements:

- 1- Yasser Osman, **Mohamed Zahran**, Ahmed Harraz, Ahmed El-Hefnawy, Ahmed Shoma. Narrow band imaging for detection of superficial bladder tumors; does it add much?. J Urol. 2011; 185(4): e700.
- 2- Bedeir Ali-El-Dein, Ahmed El-Hefnawy, **Mohamed Zahran**, Attalah A. Shaaban, Mohamed A. Ghoneim. Urodynamic characterization of voiding and continence problems after orthotopic neobladder in women. J Urol, 2011; 185 (4):e458.
- 3- **Mohamed H Zahran**, Ahmed S El-Hefnawy, Essam M Zidan, Mona A El-Bilsha, Diao-Eddin Taha, Bedeir Ali-El-Dein. Impact of nocturnal incontinence and chronic urinary retention after radical cystectomy and neobladder reconstruction on health related quality of life in women. J Urol. 2013; 189 (4):: e580.
- 4- Ahmed Harraz, **Mohamed Zahran**, Hossam Nabeeh, Kirolos Nazmi, Hesham Orban, Ahmed Shokeir. Factors predicting septic shock after percutaneous nephrostomy tube placement for emergency drainage of upper urinary tract obstruction. J Urol, 2014; 191 (4).
- 5- Diao-Eldin Taha, Ahmed M Elshal, **Mohamed H Zahran**, Ahmed M Harraz, Ahmed R El-Nahas. After emergent drainage of an obstructed kidney by a double J stent; does ureteroscopic stone extraction is always needed? J Urol, 2014;191(4),e868.
- 6- Bedeir Ali-El-Dein, **Mohamed Zahran**, Diao-Eddin Taha, Atallah A Shaaban. Chronic urinary retention after radical cystectomy and orthotopic neobladder in women: risk factors and relation to time. J Urol, 2014; 191(4).
- 7- Ahmed Harraz, **Mohamed Zahran**, Hossam Nabeeh, Kirolos Nazmi, Hesham Orban, Mahmoud Laimon, Ahmed Shokeir. Factors predicting recoverability of

- renal function after relief of obstructive uropathy secondary to benign disease: does the method of drainage matter?. J Urol, 2014;191(4).
- 8- **Mohamed Zahran**, Abdelaziz Hussein, Ahmed Harraz, Amira Awadalla, Shery Khater, Nashwa Barakat, Ahmed Shokeir. Sildenafil activates NRF2 dependent antioxidant and anti-apoptotic BCL-2 gene and inhibits pro-inflammatory cytokines genes in rat model of renal ischemia/ reperfusion injury. J Urol 2015, 193:4, e 1014.
- 9- Ahmed EL-Nahas, Diao-Eldin Taha, Hussien Ali, **Mohamed Zahran**, Mahmoud Othman, Ahmed Harraz, Ahmed Mosbah, Ahmed Shokeir. Acute kidney injury after percutaneous nephrolithotomy stone in a solitary kidney. J Urol 2015, 193:4, e 349.
- 10- **Mohamed Zahran**, Diao-eddin Taha, Mohamed Tharwat, Essam M. Zidan, Mona A. El-Bilsha, Ahmed Harraz, Bedeir Ali-El-Dein. Health related quality of life after radical cystectomy in women : orthotopic neobladder versus ileal loop conduit and impact of incontinence. J Urol 2015, 193;4, e 195.
- 11- **Mohamed H Zahran**, Ahmed Mosbah, Adel Nabeeh, Ahmed A Shokeir. Reno-protective effect of local Sildenafil administration in canine model of renal ischemia reperfusion injury. J Urol 2016, 195 (4);e383.

REFERENCES:

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