

Curriculum Vitae



Personal data:

Name	Tarek Medhat Abbas Abd Elhady
Nationality	Egyptian
Marital Status	Married
Date of Birth	August 19, 1971
Office Address	Urology & Nephrology Center, Mansoura University –Egypt- www.unc.edu.eg
Telephone	Work: +20 (50) 2262222 Mobile: 00966537044072 00201062929030,
Fax	0020502263717
email	tmabbas71@yahoo.com tmabbas71@gmail.com

Degrees

M.B, B.Ch. Mansoura University, Egypt 1994

M.Sc. in Internal Medicine and Nephrology, Mansoura University, Egypt
2000

M.D.in Internal Medicine and Nephrology, Mansoura University, Egypt
2006

Professional Career:

1. Rotating internship, Mansoura University Hospitals, Egypt, [1995-1996].
2. Resident in the Department of Nephrology, Mansoura Urology and Nephrology Center, Egypt, [1996-2001].
3. Assistant lecturer in Mansoura Urology and Nephrology Center, Egypt, [2001-2006].
4. Lecturer of internal medicine & nephrology in Urology & Nephology Center, University of Mansoura, Egypt from 2006
5. Assistant Prof of internal medicine & nephrology in Urology & Nephology Center, University of Mansoura, Egypt from 2011 till now

Current Position:

Assistant Prof of Internal Medicine and Nephrology,
Urology and Nephrology Center,
Faculty of Medicine, Mansoura University, Egypt

Experiences And Particular Strengths:

Fifteen years of continuous and successful experiences in the management of patients with all varieties of medical renal disease at a specialized referral Institution (Urology & Nephrology Center, Mansoura – Egypt). The experiences were gained through the following activities

1. Running work in the outpatient nephrology clinic twice weekly (20 new patients and 45 patients on follow up/week on average and extensive responsibilities in selection, preparation and follow-up of more than 2000 renal allograft recipient.
2. Full participation in the management of in-patients along the past 15 years (transplantation and Nephrology).
3. Vast experiences in hemo and peritoneal dialysis in the management of acute and chronic renal failure.

4. Good experience in pediatric Nephrology including dialysis and renal transplantation.
5. Advanced experience in use and monitoring recent modalities of therapy in the field of Nephrology as Plasmapheresis, Pulse therapy, Immunotherapy and Antirejection protocols.
6. Skilful in obtaining and processing kidney biopsies, insertion of femoral, subclavian and internal jugular vein catheter for intermittent hemodialysis in addition to Tenckhoff catheter fixation either surgically or bedside.
7. Excellent experiences in the intensive care work, management of medical emergencies in a surgical patients and intensive postoperative care.
8. Excellent experiences in training junior physicians in the field of Nephrology.
9. Clinical round teaching and lectures for medical students in Mansoura university hospital.
10. Consultant and head of Nephrology Unit. Alawi Tunsi Hospital, Makkah, Saudi Arabia.

PUBLICATIONS:

1. Hussein Sheashaa, Tarek Medhat, Nabil Hasan and Mohamed Sobh. Use of kt/v, subjective score and echocardiographic parameters to assess hemodialysis quality for patients dialysed thrice weekly. African Journal of Nephrology 2002; 6:36-40.
2. Tarek Abbas, Hussein Sheashaa, Nabil Hassan, Ehab Wafa and Mohamed Sobh. Assessment of the optimum level of hemodialysis; A comparative study between two adequate levels. JESN, 6 (1) Dec; 2003, 3-9.
3. Tarek M. Abbas, Hussein A. Sheashaa, Mohamed A. Saad, Mohamed A. Sobh. Does provision of a higher Kt/V_{urea} make a difference? A hemodialysis controversial issue. Hemodialysis International 2005; 9:153-158.
4. Sheashaa H, Abdel-Razek W, El-Husseini A, Selim A, Hassan N, Abbas T, El-Askalani H, Sobh M.: Use of nandrolone decanoate as an adjuvant for erythropoietin dose reduction in treating anemia in patients on hemodialysis. Nephron Clin Pract. 2005;99(4):c102-6. Epub 2005 Feb 8.
5. Hussein A. Sheashaa, Hesham Wali, El-seed El-seed, Tarek Abbas, Alaa sabry, Osama E. Gheith and Mohamed Sobh. Cardiovascular status of hemodialysis patients; does inflammation contribute to

carotid atherosclerosis and cardiac dysfunction? African Journal of Nephrology 2006; 10: 30-34.

6. Abbas TM, Wafa EW, Bakr MA, Refaie AF, Sheashaa HA, Elagroudy AE, El-Baz MA, Mohsen TA, Shehab El Dein AB, Sobh MA, Ghoneim MA. Histologic and Clinical Findings in Living Donor Allografts with Long-Term Stable Function. Am J Nephrol. 2006 Nov 8;26(5):491-496
7. Emara MM, Foda MA, Abbas TM, El-Desoky ME, Moawad AA: Tuberculosis infection in renal transplant recipients. The Egyptian Journal of Chest Diseases and Tuberculosis.2007;56 (1& 2): 1-7.
8. El-Agroudy AE, El-Dahshan KE, Abbass TM, Ismail AM, Shokeir AA, Ghoneim MA.: Characteristics of recipients whose kidney allograft has functioned for more than 20 years. Exp Clin Transplant. 2008 Jun;6(2):155-60.
9. Sabry A, Abo-Zenah H, Medhat T, Sheashaa H, Mahmoud K, El-Huseini A.: A comparative study of two intensified pulse cyclophosphamide remission-inducing regimens for diffuse proliferative lupus nephritis: an Egyptian experience. Int Urol Nephrol. Int Urol Nephrol. 2009;41(1):153-61. Epub 2008 Jan 24.
10. Bakr MA, Abbas TM, Mustafa A, Ghoneim MA.: Hemolytic anemia after ABO nonidentical living donor kidney transplantation. Clin Exp Nephrol (2009) 13:161–165

11. Alaa A Sabry, Osama Ghaith, Tarek Medhat, Shahir K George, Eid M Elshafey: Is there a role for L-carnitine therapy in anemia and cardiac dysfunction management in Egyptian patients on maintenance hemodialysis? *Eur J Gen Med* 2009; 6(2):60-68.
12. Amgad E. El-Agroudy, Ehab W. Wafa, Tarek M. Abbas, Amr El-Husseini, Osama A. Gheith, Mahmoud. El-Baz, Mohamed A Ghoneim. Characteristics of Patients With Banff Borderline Changes in Renal Allograft Biopsies. *Experimental and Clinical Transplantation* (2009) 4: 228-232
13. Sabry AA, Abo-Zenah H, Wafa E, Mahmoud K, El-Dahshan K, Hassan A, Abbas TM, Saleh Ael-B, Okasha K. Sleep disorders in hemodialysis patients. *Saudi J Kidney Dis Transpl.* 2010 Mar;21(2):300-5.
14. Sheashaa HA, Abbas TM, Hassan NA, Mahmoud KM, El-Agroudy AE, Sobh MA, Ghoneim MA. Association and prognostic impact of persistent left ventricular hypertrophy after live-donor kidney transplantation: a prospective study. *Clin Exp Nephrol.* 2010 Feb;14(1):68-74.
15. Mahmoud KM, Sheashaa HA, Gheith OA, Wafa EW, Agroudy AE, Sabry AA, Abbas TM, Hamdy AF, Rashad RH, Sobh MA. Continuous ambulatory peritoneal dialysis in egypt: progression despite handicaps. *Perit Dial Int.* 2010 May;30(3):269-73.

16. Azza M. El-Wakf, Tarek M. Abbas, Rizk A. El-Baz, Wafaa A. Mohammed: Role of Hypertension and Metabolic Abnormalities in the Development of Diabetic Nephropathy among Egyptian Patients with Type 2 Diabetes. *Nature and Science*, 2011; 9(7)
17. Wafa EW, Refaie AF, Abbas TM, Fouda MA, Sheashaa HA, Mostafa A, Abo El Ghar MI, Ghoneim MA: End-stage renal disease among living-kidney donors: single-center experience. *Exp Clin Transplant*. 2011 Feb;9(1):14-9.
18. Hussein A. Sheashaa, Helmut G. Rennke, Mohamed A. Bakr, Tarek M. Abbas, Ahmed F. Atta, Aziz Sangak, Helen Mah, Edgar Milford, Anil Chandraker: Impact of Accidental Discovery of Renal Cell Carcinoma at Time of Renal Transplantation on Patient or Graft Survival. *Transplantation* 2011; 92: 1123–1128
19. El-Baz R, Settin A, Ismaeel A, Khaleel AA, Abbas T, Tolba W, Abd Allah W, Sobh MA. MTHFR C677T, A1298C and ACE I/D polymorphisms as risk factors for diabetic nephropathy among type 2 diabetic patients. *J Renin Angiotensin Aldosterone Syst*. 2012 Dec;13(4):472-7.
20. Mona A. Mohsen, Sherine A. Abdel Karim, Tarek M. Abbas, Maha Amin: Serum interleukin-18 levels in patients with systemic lupus erythematosus: Relation with disease activity and lupus nephritis. *The Egyptian Rheumatologist* (2013) 35, 45–51

21. M.A. Mohsen, S.A. Abdel Karim, W.A. Sultan and T.M. Abbas: Urinary N-Acetyl-Beta-D Glucosaminidase, a Marker of Tubular Dysfunction, in Patients with Systemic Lupus Erythematosus. *Kidney Research Journal* 2 (1): 1-11, 2012
22. Gehad A El-Nakib, Tarek M Mostafa, Tarek M Abbas, Mamdouh M El-Shishtawy, Mokhtar M Mabrouk, and Mohammed A Sobh: Role of alpha-lipoic acid in the management of anemia in patients with chronic renal failure undergoing hemodialysis. *Int J Nephrol Renovasc Dis.* 2013; 6: 161–168.
23. Hamada M.M.S.Ahmad, Tarek Medhat Abbas, Gamal Othman: The association between urinary angiotensin and urinary angiotensin to urinary creatinine ratio with lupus nephritis and their correlation to disease activity. *International Journal of Advanced Research* (2015), Volume 3, Issue 9, 1276- 1284
24. Fatma Al-Husseiny, Mohamed Ahmed Sobh, Rehab H. Ashour, Samah Foud, Tarek Medhat, Abdel-Hady El-Gilany, Doaa Elghannam, Hassan Abdel-Ghaffar, Mohamed-Ahdy Saad, Mohamed Sobh: Amniotic Fluid-Derived Mesenchymal Stem Cells Cut Short the Acuteness of Cisplatin-Induced Nephrotoxicity in Sprague-Dawley Rats. *International Journal of Stem Cells* 2016; 9 (1):70-78
25. Rashad Hassan Rashad, Khaled Mohamed Mahmoud, Tarek Medhat Abbas Abdel Hady, Amgad El-Baz El-Agroudy, Ahmed Farouk Hamdy, Amani Mostafa Ismailb, Nagy Abd-El Hady Sayed, Mohamed Abd El-

Kader Sobh: Interleukin-10 gene polymorphism and graft outcome in live-donor kidney transplantation. Journal of The Egyptian Society of Nephrology and Transplantation 2016; 16:89–96

26. Yasser Elsayed Matter, Muhammed Ahmed Hadedy, Tarek Medhat Abbas, Mohamed, Ahmed Zahab, Mohammed Ashraf Fouda, Ayman Fathi Refaie, Hussein A, Shaeashaa, Mohamed Hamed Abbas, Ahmed A Denewar, Ayman Maher Nagib: Impact of Gender Disparities on Outcomes of Live Donor Kidney Transplantation in Egypt: Data of 979 Patients. Experimental and Clinical Transplantation 2016 (in press)

International Books

Co-author for the chapter: Lupus Nephritis: Frontiers and Challenges: A Comprehensive Overview. Title of the book is; Autoimmune Diseases: Symptoms, Diagnosis and treatment. Editor: Kyle J. Brenner, ISBN: 978-1-61668-007-7. Nova Science Publishers, Inc, 2010, USA

PRESENTATIONS

1. Tarek Medhat, Hussein Sheashaa, Nabil Hassan, Ehab Wafa, and Mohamed Sobh. Assessment of the optimum level of hemodialysis; A comparative study between two adequate levels. The VIII congress of the Arab Society of Nephrology & Renal Transplantation. Sharm El Sheikh, 10-14 Feb., 2004.

2. Tarek Medhat, Hussein Sheashaa, Nabil Hassan, Ehab Wafa, and Mohamed Sobh. Using Urea Kinetic Modelling, Neurophysiologic studies to assess the optimum level in patients under maintenance hemodialysis. The VIII congress of the Arab Society of Nephrology & Renal Transplantation. Sharm El Sheikh, 10-14 Feb., 2004.

3. Tarek Abbas, Ihab Wafa, Hussein Sheashaa, Adel Bakr, Ayman Refaie, Amgad El-Agroudy, Mahmoud El-Baz, Megahed Abou El-Magd, Ahmed Shehab, Mohammed Sobh, Mohammed A. Ghoneim. Long Term Protocol Biopsy In Live Donor Renal Allograft Recipients: A Single Centre Experience. The 24th annual congress of the Egyptian society of Nephrology, Nephro Alex Feb 15-18, 2005.

4. Tarek M. Abbas, Ehab W. Wafa, Hussein A. Sheashaa, Amgad E. El-Agroudy, Mohamed A. Bakr, Ayman F. Refaie, Mahmoud A. El-Baz, Megahed A. Elmagd, Tarek A. Mohsen, Ahmed B. Shehab, Mohamed A. Sobh, Mohamed A. Ghoneim. [Po-370] Study of long-term protocol biopsy in live donor renal allograft recipients: single centre experience. 12th ESOT congress in Geneva, 15-19 October, 2005. Transplant International 18 (S1): 136 (abstract), 2005.

5. Tarek M. Abbas, Ehab W. Wafa, Amgad E. Elagroudy, Hussein A. Sheashaa, Megahed A. Elmagd, Mohamed A. Bakr, Mohamed A. Sobh, Mohamed A. Ghoneim. [PO-371] Characteristics of long term live donor renal allograft recipients with no rejection episodes. 12th ESOT congress

in Geneva, 15-19 October, 2005. *Transplant International* 18 (S1): 136 (abstract), 2005.

6. T M Abbas, E W Wafa, M A Bakr, H A Sheashaa, A F Refaie, M A Elbaz, T A Mohsen, A B Shehab, M A Sobh, M A Ghoneim. Study of Long-term protocol biopsy in live donor renal allograft recipients. Xth Congress of the Middle East Society for Organ Transplantation; Kuwait, November 26 – 29, 2006.
7. T M Abbas, E W Wafa, H A Sheashaa, A E Elagroudy, M A Elmagd, M A Bakr, M A Sobh, M A Ghoneim. Long term live donor renal allograft recipients with no rejection episodes, characters, implications and recommendations. Xth Congress of the Middle East Society for Organ Transplantation; Kuwait, November 26 – 29, 2006.
8. Amgad E Elagroudy, Ehab W Wafa, Tarek M Abbas, Amr A Elhusseini, Mahmoud Elbaz, Mohamed Ghoneim: Characteristics of patients with banff borderline changes in renal allograft biopsies. Xth Congress of the Middle East Society for Organ Transplantation; Kuwait, November 26 – 29, 2006. (POSTER).
9. Hypophosphataemia: the 11th nephrology intensive workshop: Metabolic Aspects of Renal Disease, January 10th, 2008, Urology and Nephrology Center, Mansoura , Egypt.

10.Hemodialysis for the elderly: Ist annual international hemodialysis course: Urology and nephrology center, Mansoura University , Egypt 24-28 May 2008

11. Anemia in hemodialysis: diagnosis: Ist annual international hemodialysis course: Urology and nephrology center, Mansoura University , Egypt 24-28 May 2008

12.Ehab Wafa, Tarek Abbas, Hussein Sheashaa, Ahmed Shokeir, Mohamed Ghoneim: End Stage Renal Disease among living kidney donors: single center experience. World Congress of Nephrology 2009 (ORAL , POSTER, 20% BEST ABSTRACT).

13.Ahmed Ghoneim, Ahmed Elkholy, Tarek Medhat Abbas, Mona El Hadeedy, Fatma Elhousseini, Basem Elessawey, Eman Eltanaihy, Ahmed Lotfy, Sara Eldesoky, Hussein Sheashaa and Mohamed Sobh: The effect of bone marrow mesenchymal stem cells in rats with sepsis induced acute kidney injury. ERA-EDTA 49th, Paris, 24-27 MAY 2012 [Poster]

14. Mohamed-Ahdy A. A. Saad, Mohamed A. Sobh, Fatma Al-Husseiny, Mohamed-Ahmed Sobh, Rehab Ashour, Samah Foud, Tarek Medhat, Abdel-Hady Algilany: Amniotic fluid derived mesenchymal stem cells cut short the acuteness of cisplatin induced nephrotoxicity in

sprague-dawley rats. ERA-EDTA 52th, London ,28-31 May, 2015

[Poster]

Thesis Supervision:

MASTER DEGREE:

1. Estimation of Glomerular Filtration Rate in Kidney Transplant Recipients Using Different Equations: A Controversial Issue
2. Angiotensin converting enzyme gene polymorphism and its relation to chronic renal failure in diabetic patients
3. Use of Neutrophil Gelatinase-Associated Lipocalin (NGAL) as a Novel Biomarker of Renal Disease Activity in Patients with Lupus Nephritis
4. Impact of Nursing Intervention on Nutritional Status of Elderly Patients on Regular Hemodialysis at Mansura City
5. Factors affecting Compliance Of Kidney Transplant Patients Toward Therapeutic Regimen At Mansoura Urology and Nephrology Center

MD Degree:

1. Impact of Teaching Guidelines on Quality of Life for Hemodialysis Patient
2. Serum Interleukin–18 and Urinary N-Acetyl-Beta-D Glucosaminidase in Patients with Systemic Lupus Erythematosus

Congress Attendance:

1. Annual congress of the egyptian society of nephrology 1997, 1999, 2000, 2001, 2002, 2003, 2006, 2007,2008,2009,2010

2. The second International course on Critical Care Nephrology, Vicenza, Italy. 22-25 May, 2001
3. First annual intensive course of nephropathology, 13-15 February, 2002
4. The VIII International Congress of the Middle East Society for Organ Transplantation. Muscat, Oman, 21-24 October, 2002.
5. Second Egyptian Renal transplantation meeting, 16-17 December, 2004
6. Second annual international conference of Saudi society of nephrology 19-22 February 2006.
7. 33rd Annual scientific meeting of the Egyptian Society of Cardiology, Cairo, Egypt. 21-24 February, 2006
8. First Annual conference of specialized medical hospital on medical emergencies 24-26 August, 2006
9. 44th ERA-EDTA congress, Barcelona 21-24 June, 2007
10. Cairo Sheffield nephrology conference 5-7 December, 2007
11. The 4th annual meeting of the hypertension group 6th of October City 12-13 June 2008
12. Chronic Kidney disease :frontiers and challenges, the expert meeting conference, Mansoura 17-18 July, 2008, Egypt.
13. Cairo Sheffield nephrology conference 5-7 October, 2008
14. World Congress of Nephrology. Milan May 22-26, 2009

15. Cairo Sheffield nephrology conference Aswan 3-5 December 2009
16. 1st Annual conference of MERC : Stem cell and regenerative medicine Mansoura 8th April 2010
17. The 2nd annual Egyptian congress on peritoneal dialysis Alexandria 21-22 October 2010
18. United European Gastroenterology Week 2012 October 20-24, 2012 Amsterdam, The Netherlands
19. Cardio-Alex 2015, 2-6 June, Alexandria, Egypt
20. The 9th International Hemodialysis Course, 24 – 28th April, 2016 Urology and Nephrology Center Mansoura University
21. The 10th International Hemodialysis Course, 4 – 8 December, 2016 Urology and Nephrology Center Mansoura University
22. Dialysis step by step arranged by Mansoura International Specialized Hospital, 22-23 December 2016
23. Dakahlia Nephrology Group Meeting, Dialysis and Transplantation Unit, Urology and Nephrology In Collaboration with Oncology Center Friday, Jan 6th, 2017
24. 4th Interventional Nephrology Workshop held by Egyptian Society of Nephrology and Transplantation and Mansoura International Specialized Hospital. 12 – 13 January, 2017

Workshops Attended:

1. Ismailia workshop 1998, 1999, 2001
2. Mansoura intensive nephrology workshop: 12 workshops 2006-2008
3. 1st annual international hemodialysis course: Urology and nephrology center, Mansoura University , Egypt 24-28 May 2008
4. 2nd annual international hemodialysis course: Urology and nephrology center, Mansoura University , Egypt 24-28 May 2009
5. 3rd annual international hemodialysis course: Urology and nephrology center, Mansoura University , Egypt September 27th - October 1st 2010
6. 4th International Hemodialysis Course, Urology and Nephrology Center, Mansoura, Egypt. 17 – 21 October, 2011
7. Basic Cardiac Life Support (BCLS) Saudi Arabia 23 November 2011
8. United European Gastroenterology Week 2012. Amsterdam, The Netherlands October 20-24, 2012
9. 31 Annual Congress of the Egyptian Society of Nephrology and Transplantation. Cairo, Egypt, 12 – 15 February, 2013

10. Medical Knowledge Self-Assessment Program (MKSAP):
Pulmonary Vascular Disease. Intercontinental Hotel, Taif, Saudi Arabia 22-24 May, 2014
11. Cardio-Alex 2-6 June 2015, Alexandria, Egypt.
12. ٣٤th Annual Congress of the Egyptian Society of Nephrology and Transplantation. Cairo Egypt, 23 -26 February, 2016
13. The 9th International Hemodialysis Course, 24 – 28th April, 2016
Urology and Nephrology Center Mansoura University
14. 4th Annual Scientific Conference: CKD – Mineral Bone Disease.
El-Sahel Teaching Hospital 27 – 28 October 2016
15. The 10th International Hemodialysis Course, 4 – 8 December, 2016
Urology and Nephrology Center Mansoura University
16. Dialysis step by step arranged by Mansoura International Specialized Hospital, 22-23 December 2016
17. Dakahlia Nephrology Group Meeting, Dialysis and Transplantation Unit, Urology and Nephrology In Collaboration with Oncology Center Friday, Jan 6th, 2017
18. 4th Interventional Nephrology Workshop held by Egyptian Society of Nephrology and Transplantation and Mansoura International Specialized Hospital. 12 – 13 January, 2017

Membership:

Member of the Egyptian Society of Nephrology

Member of the International Society of Nephrology (ISN)

Member of the Arab Society of Nephrology and Transplantation
(ASNRT)

Prizes:

1. Winner of the best research in hemodialysis AWARDED BY:
Egyptian society of nephrology (2006)
2. Winner of Novartis Prize of best research in Transplantation 2007.
3. Travel Grant WCN Milan May 22-26; 2009

References:

1. MOHAMED A GHONEIM Professor of Urology and pioneer of renal transplantation in Egypt, Urology and Nephrology Center, Mansoura, Egypt.
2. MOHAMED A SOBH; MD, FACP Professor of Internal Medicine and Nephrology , Chief of nephrology unit, Urology and Nephrology Center, Mansoura, Egypt.
3. HUSSEIN A SHEASHAA Lecturer of Internal Medicine and Nephrology, Urology and Nephrology Center, Mansoura, Egypt.